

## Case Report

# Amniotic Band Syndrome (ABS) - A Rare Congenital Disorder

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### Abstract:

Amniotic band syndrome (ABS) is a rare congenital disorder that can lead to a wide range of physical abnormalities in the newborn infant.

In ABS set of congenital malformations attributed to amniotic bands that entangle fetal parts during intrauterine life, which results in a broad spectrum of anatomic disturbances –ranging from minor constriction rings and lymphedema of the digits alimbs to complex, bizarre multiple congenital anomalies incompatible with life. ABS is not seen very often, but should be considered in every newborn with congenital anomalies, especially defects of extremities and/or body walls. ABS can be diagnosed prenatally by ultrasound; otherwise, the defects are seen after birth. A team of specialists should be included in the treatment and follow-up of children with ABS, according to individual needs of every patient. Earlier surgical intervention is must for proper growth & development of child.

**Keywords:** Amniotic band syndrome, Limb reduction defects,

### Introduction

Amniotic band syndrome (ABS) is a rare congenital disorder that is associated with a wide range of physical abnormalities<sup>1</sup> in the newborn infant, some of which are significantly disabling and disfiguring in nature. The commonest abnormalities usually involve the limbs and can range from simple construction rings to complete amputation (congenital amputation) occurring at various levels<sup>2</sup>. Abdominal wall defects and abnormalities of the cranio-facial region such as cleft lip and cleft palate are

also associated with ABS<sup>2</sup> while in the more complex cases, visceral defects such as renal agenesis<sup>3</sup> and rarely septo-optic dysplasia<sup>4</sup> are also known to occur. Various studies estimate the incidence of ABS to be between 1 in 1300 to 1 in 15000 though,<sup>4</sup> 1: 70 instillborns<sup>5</sup> and among abortuses as high as 178:10000<sup>6</sup>. Among total of 3% major congenital malformations in general population,<sup>7</sup> ABS is responsible for 1-2%<sup>8</sup>.

### Case Report:

A 35 weaker male neonate, weighing 2070gms, 1<sup>st</sup> issue of non-consanguineous parents was delivered by caesarean section as a result of non-progressive labour and breech presentation. The baby cried immediately after delivery. Age of the mother was 16 years. The pregnancy had been uneventful and there was no remarkable family history. Baby was delivered by lower uterine caesarian section. Physical examination at birth showed several constriction rings around right leg, 2 deep circumferential groove was present 1.5 cm and 3 cm above both ankle joint. (Figure 2) Also the left distal phalanges (4<sup>th</sup> and 5<sup>th</sup>) were lost. Amputation of the left thumb, also partial loss of the left toes with syndactyly of the 1<sup>st</sup> and 2<sup>nd</sup>, 4<sup>th</sup> and 5<sup>th</sup> toes. There were no signs of

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**Fig.-1:** Consitriction groove above bothankle joints



**Fig.-2:** Distal phalanges malformations



**Fig.-3:** Righthand-congenital amputation of ring andsmall finger with hyperemia

limb perfusion abnormalities and there was no neurological deficit (motor). Also a small ball like remnants of distal 4<sup>th</sup> left digit attached with a peduncle. On clinical basis diagnosis of amniotic band syndrome was present. Ultrasounds, echocardiography, X-ray were normal.

#### Discussion:

Amniotic band syndrome is a rare disorder. It often results in congenital physical defects in the infant which are disabling and disfiguring.

ABS occurs when the inner membrane of the amniotic sac tears and wraps around the developing baby and causes problems in the limbs, clefts in the face and band marks in different areas of the body.<sup>9</sup> The etiology is unknown. There have been reports associating amniotic band syndrome with maternal trauma, oophorectomy during pregnancy<sup>10</sup> intrauterine contraceptive device and amniocentesis.<sup>11</sup>

There are case reports in families with connective tissue disorders like lerDanlos syndrome.<sup>12,13</sup>

Amniotic band syndrome has very polymorphic clinical findings. Early amniotic rupture, during first 45 days, leadsto most severe cranio-facial and visceral malformations.<sup>12</sup> Every part of the fetal body can be damaged, but usually the extremities, especially upper extremities are affected. Most often there are minor defects, such as constriction rings or digit amputations<sup>14</sup>. Abnormalities of the extremities can be expressed in several ways: constriction rings of the soft tissue accompanied by distal edema, shortening of the limb or intrauterine limb amputation, amputation of the digits (most often II, III and IV finger) and toes, syndactyly, hypoplasia of the digits, foot

deformities, pseudoarthrosis, peripheral nerve palsy<sup>9</sup>. Our case had constriction rings on left leg and amputation of all toes and amputation of right 4<sup>th</sup> and 5<sup>th</sup> finger, syndactyly of 3<sup>rd</sup> and 4<sup>th</sup> right fingers with complete amputation of the right thumb. If bands compress the fetal head or face, different cranio-facial disturbances appear – asymmetric face clefts, orbital defects (anophthalmos, microphthalmos, enophthalmos), corneal abnormalities, central nervous system

Malformations (anencephaly, encephalocele, asymmetric meningocele), calvaria defect<sup>9</sup>. Amniotic bands can also cause abdominal wall defect and abdominal organs extrophy<sup>9</sup>, chest wall defect with heart extrophy<sup>15</sup>, umbilical cord strangulation with often lethal outcome<sup>9</sup>. Our case did not have these types of malformations. Amniotic rupture and consecutive oligoamnion by mechanical pressure on the fetus can cause deformities such as metatarsovarus, scoliosis<sup>12</sup> or hip dislocation<sup>9</sup>. Because of such a wide spectrum of possible anomalies and many combinations of their simultaneous appearance, there are no two identical cases of ABS. Beside all previously mentioned malformations caused by amniotic bands itself, a subset of cases manifest additional findings that are not consistent with that mechanism, such as congenital heart defects, renal anomalies, hemangiomas, imperforate anus, polydactyly, septo-optic dysplasia, typical cleft lip and palate<sup>16</sup>. ABS can be diagnosed prenatally by ultrasound, which can sometimes show amniotic bands, but more often malformations consistent with ABS, as well as oligoamnion and reduction of foetal movements<sup>17</sup>. The most important ultrasound diagnostic criteria revisable amniotic bands, constriction rings on extremities and irregular

amputations of fingers and/or toes with terminal syndactyly. Latest ultrasound techniques—three-dimensional and four-dimensional ultrasound contribute to more sensitive prenatal diagnostics of ABS and in complicated cases foetal magnetic resonance can be helpful<sup>18</sup>. Placenta and amnion examination after the delivery should be obligatory part of the newborns health evaluation because it can show presence of amniotic bands, among other things<sup>18</sup>. Physical examination is the main stay of postnatal diagnosis of ABS. However use of additional investigations like Ultrasound, echocardiography, X-ray is important in order to establish potential malformations of different organs and body parts. ABS must be considered in differential diagnosis of all complex or asymmetric malformations, especially those on extremities, face and body walls. ABS should be differentiated from the whole spectra of symmetric fusion defects of middle body line<sup>19</sup>. Therapy of ABS is mostly surgical, with an individual approach to every single case. Interdisciplinary consulting and work is very often needed (plastic surgeon, orthopedic surgeon, orthodontist, ophthalmologist, neurosurgeon).<sup>9</sup> Lately, there have been some attempts of prenatal ABS treatment - foetoscopic laser cutting of amniotic bands, before their compression on the fetus makes malformations<sup>20</sup>. In cases when foetal anomalies incompatible with life are prenatally seen, pregnancy termination is advised. Surgery is not needed for shallow constriction bands that are not circumferential and without distal swelling. Distal edema or impairment of neurovascular function requires staged constriction band excision, Z-plasty or W-plasty. Multiple plastic surgical procedures are required for corrections of the complex craniofacial abnormalities.

### Conclusion:

ABS is not seen very often, but should be considered in every newborn with congenital anomalies, especially defects of extremities and/or body walls.

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