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Lymphoid Pathology

Lymphoid organ

Two types of lymphoid organ:

1. Central lymphoid organ –

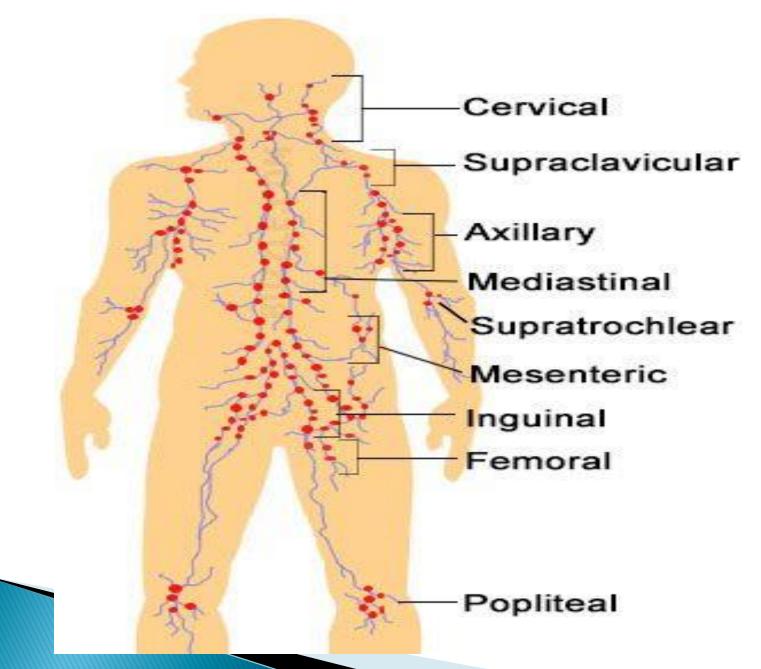
Bone marrow

Thymus

2. Peripheral lymphoid organ –

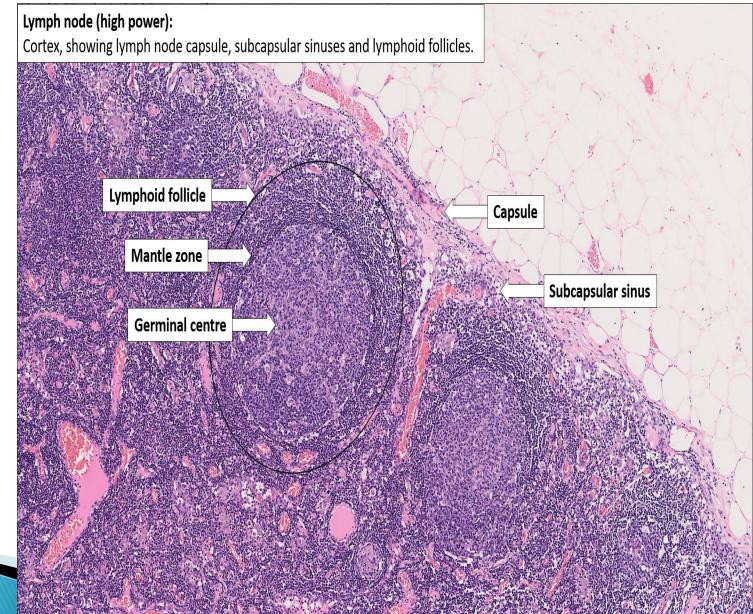
Lymph nodes, spleen, tonsils, adenoids and Peyer's patches.

Lymph nodal distribution



Histology of lymph node

They are discrete encapsulated structures that contain wellorganized Bcell and T-cell zones which are richly invested with phagocytes and antigenpresenting cells



Lymphadenopathy and lymphadenitis:

- **Lymphadenopathy:** It refers to the enlargement of the lymph node.
- Lymphadenitis: It refers to inflammation of lymph node.
- Chronic non-specific lymphadenitis
- Inflammatory
- Neoplastic
- Others

- **Inflammatory: a. Infective**
- Bacterial- Tuberculosis

- Other- Streptococcus, staphylococcus, cat scratch disease, brucellosis, syphilis, leprosy
- Viral-Infectious mononucleosisCytomegalovirus

HIV

- **Fungal** Histoplasmosis, Coccidiomycosis
- Parasitic-Toxoplasmosis, leishmaniasis, trypanosomiasis, filariasis
 - Chlamydial- Lymphogranuloma venerum

Rickettsial- Scrub typhus

b. Immunological disease:

- Rheumatoid arthritis
- Mixed connective tissue disease
- Systemic lupus erythematosus
- Serum sickness
- Neoplastic:

Primary- Lymphoma

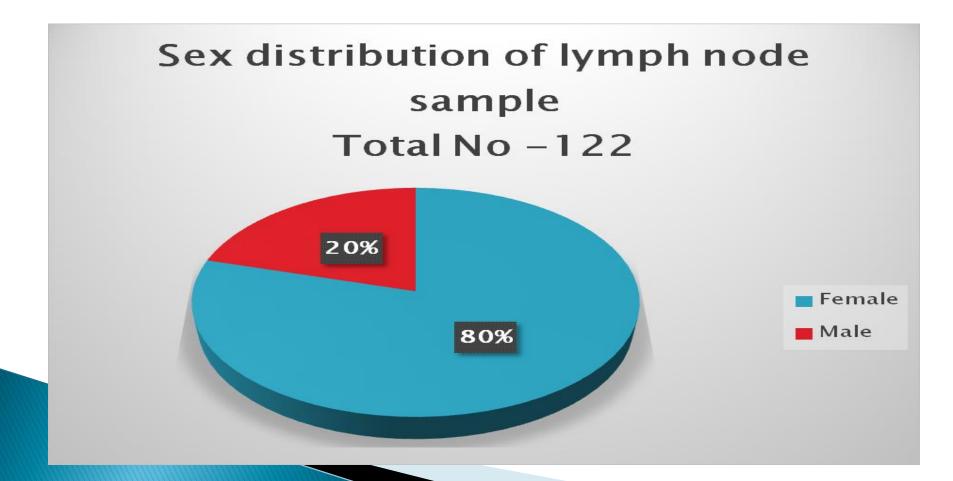
Hodgkin Lymphoma Non-Hodgkin Lymphoma Secondary- Metastatic carcinoma

Other causes:

- Sarcoidosis
- Dermatopathic lymphadenitis
- Lymphomatoid granulomatosis
- Castleman's disease

Lymphoid Pathology at Ad-din Hospital

Total sample in 5 years (2019 to 2023)-122 Female -97 Male - 25



Age distribution of Lymph node sample

Age	Female	Male	Total
11–15	5	3	8
16-20	13	3	16
21–25	15	1	16
26-30	16	2	18
31-35	15	5	20
36-40	8	2	10
41-45	2	1	3
46-50	9	3	12
51-55	2	0	2
56-60	7	1	8
61–65	3	3	6
66-70	1	0	1
71–75	0	1	1
>75	1	0	1
Total	97	25	122

Diseases pattern of lymph node biopsy:

Total sample- 122

- Reactive changes- 68 (56%)
- Tuberculosis- 39 (32%)
- Malignancy- 15 (12%)

Age & sex distribution of reactive change(N=68)

Age	Female	Male	Total
11–15	3	2	5
16-20	8	2	10
21–25	11	1	12
26-30	8	2	10
31-35	7	2	9
36-40	5	1	6
41-45	2	1	3
46-50	4	1	5
51-55	2	0	2
56-60	3	0	3
61–65	2	1	3
Total	55(81%)	13(19%)	68(100%)

Age & sex distribution of tuberculosis (N=39)

Age	Female	Male	Total
11-15	2	1	3
16-20	3	0	3
21–25	4	0	4
26-30	8	0	8
31-35	6	3	9
36-40	1	1	2
41-45	0	0	0
46-50	4	2	6
51-55	0	0	0
56-60	3	0	3
61-65	1	0	1
Total	32(82%)	7(18%)	39(100%)

Age & sex distribution of malignancy (N=15)

Age	Female	Male	Total
16-20	2	1	3
21–25	0	0	0
26-30	0	0	0
31-35	2	0	2
36-40	2	0	2
41–45	0	0	0
46-50	1	0	1
51-55	0	0	0
56-60	1	1	2
61–65	0	2	2
66-70	1	0	1
71–75	0	1	1
>75	1	0	1
Total	10(67%)	5(33%)	15(100%)

Nature of malignancy

Nature of malignancy	Female	Male	Total
Hodgkin lymphoma (HL)	1	1	2
Non-Hodgkin lymphoma (NHL)	1	0	1
Angioimmunoblastic lymphadenopathy / Peripheral T-cell lymphoma (PTCL)	2	2	4
Metastatic undifferentiated carcinoma (MUC)	3	2	5
Metastatic malignant melanoma (MMM)	1	0	1
Metastatic papillary thyroid carcinoma (MPTC)	1	0	1
Metastatic small cell carcinoma (MSCC)	1	0	1
Total	10(67%)	5(33%)	15(100%)

Diagnostic approach to a patient of lymphadenopathy:

History Taking:

- Age of patient
- Duration of lymphadenopathy
- Epidemiological clue
- Any travel history
- Associated symptoms
- Time course of enlargement
- Recent infection, recent immunization or medication

Clinical Examination:

- Site of lymph node
- Either it is lymph node or not
- Tender /non tender
- Mobile or separate/Fixed and matted
- Firm and rubbery/Painless and stony hard

Laboratory Diagnosis

- A. FNAC (Fine needle aspiration cytology):
- Non-guided: from superficial, palpable lymph nodes
- Guided:
 - USG guided: deep-seated or very small lymph nodes CT guided: hilar and peri-pancreatic lymph nodes

B. Histopathology:

- Core needle biopsy
- Excisional biopsy

C. Other special test:

- PCR(Polymerase chain reaction)- TB, viral infection
- Gene expert- suspected TB
- Immunohistochemistry (IHC)- CD-15, CD-30, CD- 3,5 used for diagnosis of lymphomas.

D. Blood test :

- CBC
- Biochemistry

E. Radiological test:

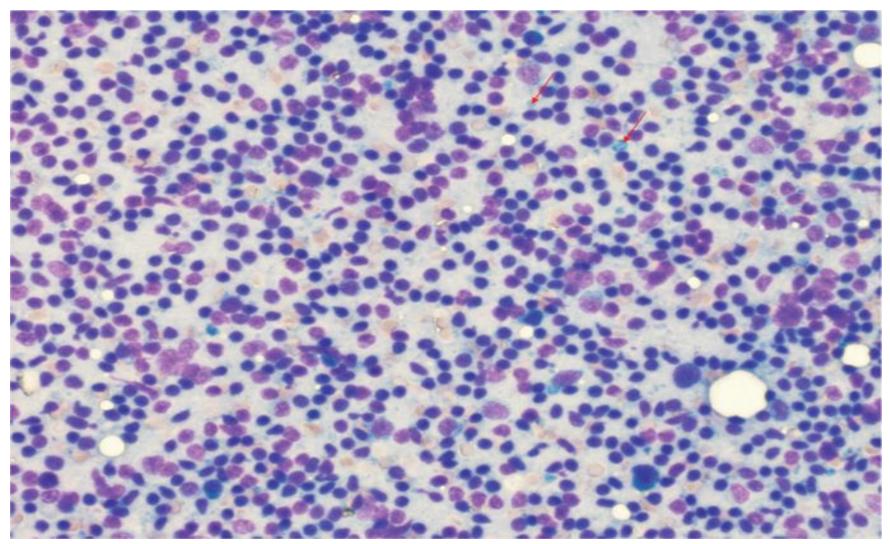
- Ultrasonogram (USG)
- CT scan

Chronic Nonspecific Lymphadenitis:

Chronic immunological stimuli produces several different patterns of lymph node reaction. Such as-

- Reactive follicular hyperplasia
- Diffuse paracortical hyperplasia
- Sinus histiocytosis
- Mixed

Cytology- Chronic Nonspecific Lymphadenitis

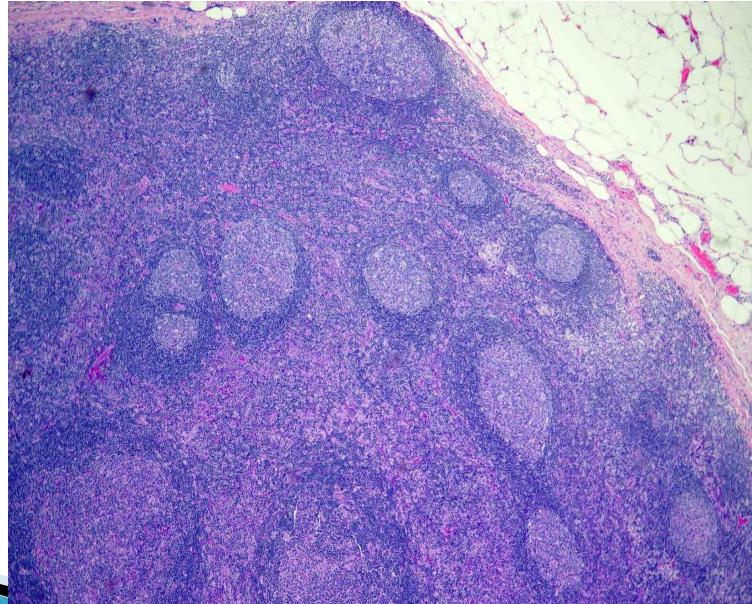


lymphocytes at various stages of maturation with tingible body

macrophagos

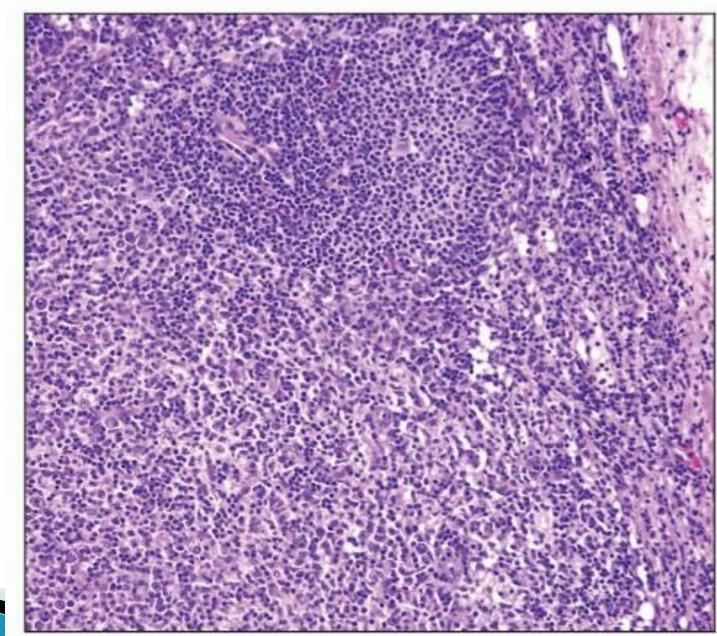
Follicular hyperplasia

- Enlarged
 lymphoid
 follicles of
 various size
 and shape
 with
 prominent
 germinal
 center
- eg Rheumatoid arthritis,
 toxoplasmo



Paracortical hyperplasia

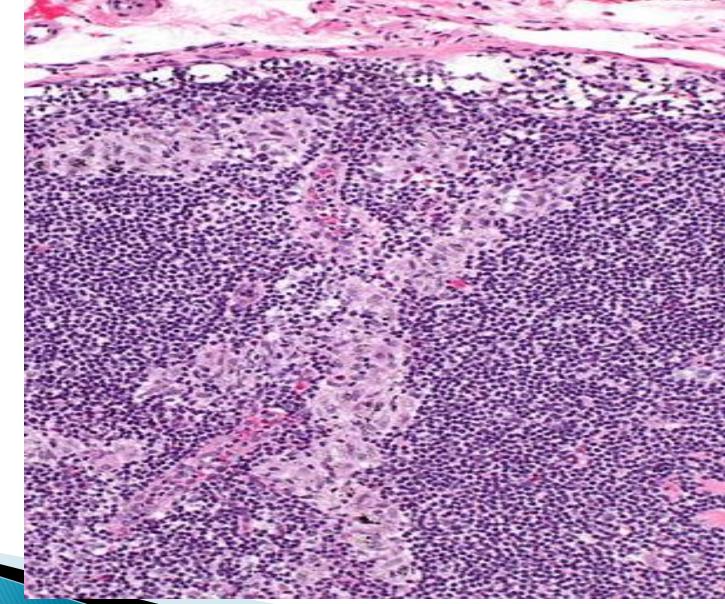
- Paracortical
 zones are
 expanded
 with a
 heterogeneou
 s population
 of cells
- eg- acute viral infections (e.g., infectious mononucleos is), SLE, Drug reaction.



Sinus histiocytosis

Sinuses are prominent and are lined by hyperplastic sinus histiocytes

 eg lymph nodes draining cancers such as carcinoma of breast.



Granulomatous Lymphadenitis:

A. Infectious:

Suppurative (purulent):

- Cat scratch lymphadenitis (*Bartonella henselae*)
- Tularemia lymphadenitis (Francisella tularensis)
- Yersinia lymphadenitis (Yersinia enterocolitica)
- Various fungal infections

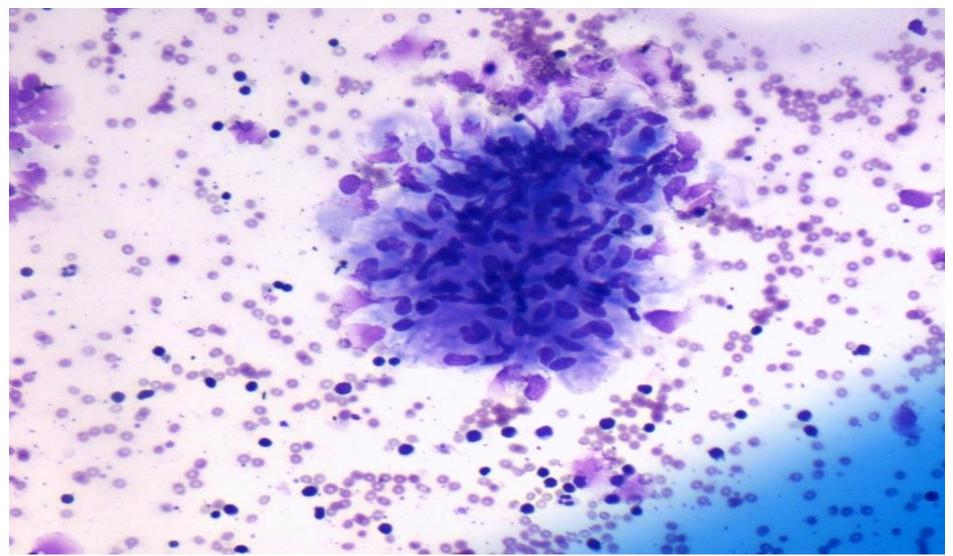
□ Non-suppurative:

- Tuberculous lymphadenitis (*Mycobacterium tuberculosis* spp.)
- Atypical mycobacterial infection
- Bacillus Calmette-Guérin (BCG) lymphadenitis
- *Toxoplasma* lymphadenitis
- Hansen disease or leprosy (M. leprae)
- Syphilis
- Brucellosis
- Fungal lymphadenitis (Coccidioides, Cryptococcus, Histoplasma, Pneu mocystis)

B. Noninfectious:

- Systemic sarcoidosis
- Foreign body (berylliosis, silicosis)
- Malignancies (lymphoma, carcinoma, especially breast, uterus, lung, stomach)
- Systemic inflammatory / autoimmune conditions (lupus [SLE], rheumatoid arthritis [RA], granulomatosis with polyangiitis [GPA])
- Toxic (chemotherapy, heavy metals, beryllium, zirconium, silicon)
- Histiocytic inflammatory (Rosai-Dorfman disease, Castleman disease)

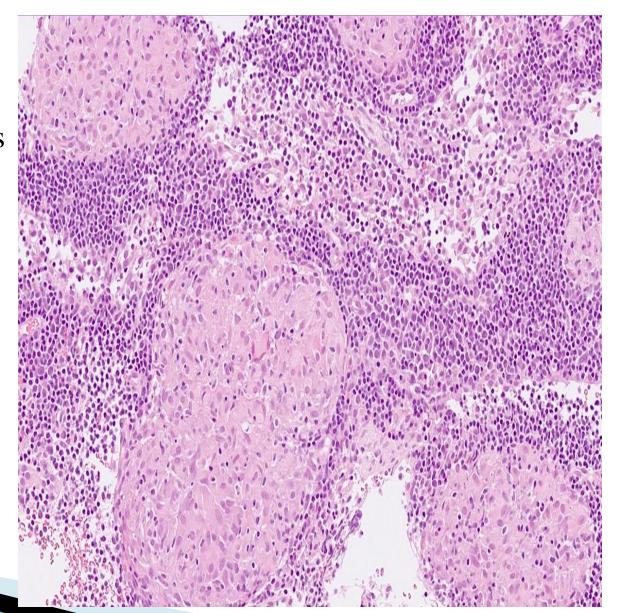
Cytology- Granulomatous Inflammation



Cluster of epithelioid cells in a blood mixed necrotic background

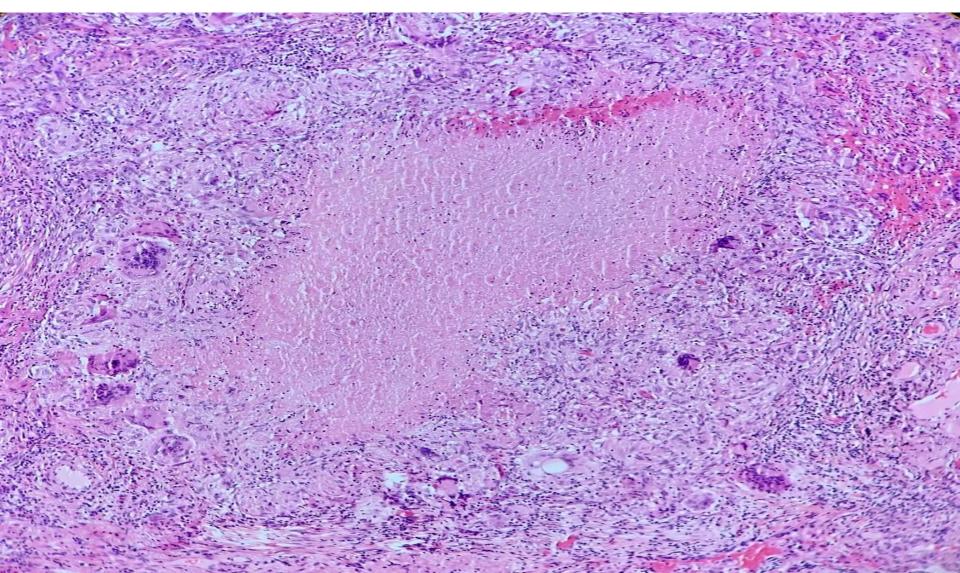
Biopsy- Granulomatous Lymphadenitis

- Collection of epithelioid cells
- Surrounded by a rim of inflammatory cells including lymphocytes, histiocytes and plasma cells
- Multinucleated giant cells are often present



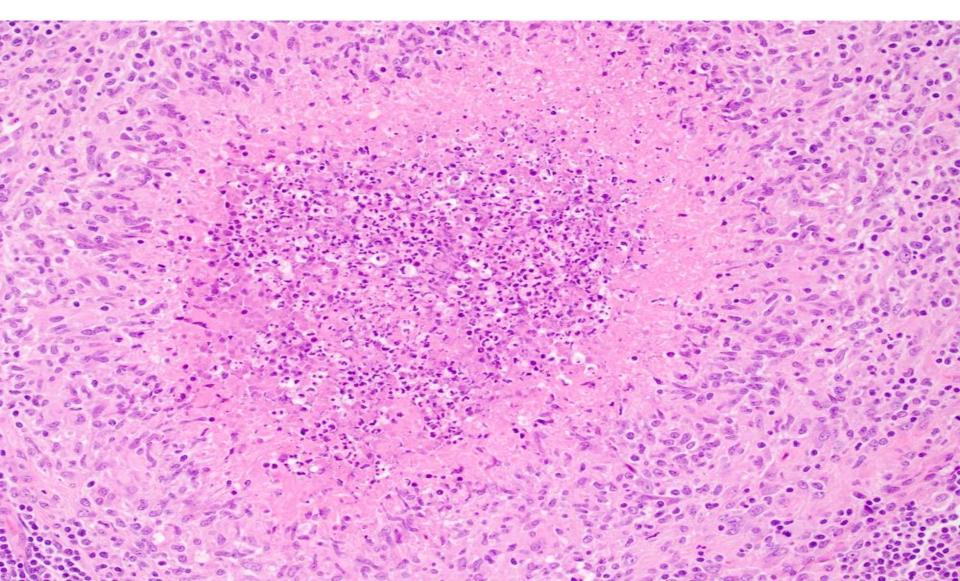
Tuberculous Lymphadenitis

Central area of caseous necrosis surrounded by a rim of chronic inflammatory cells, including epithelioid cells & Langhan's giant cell



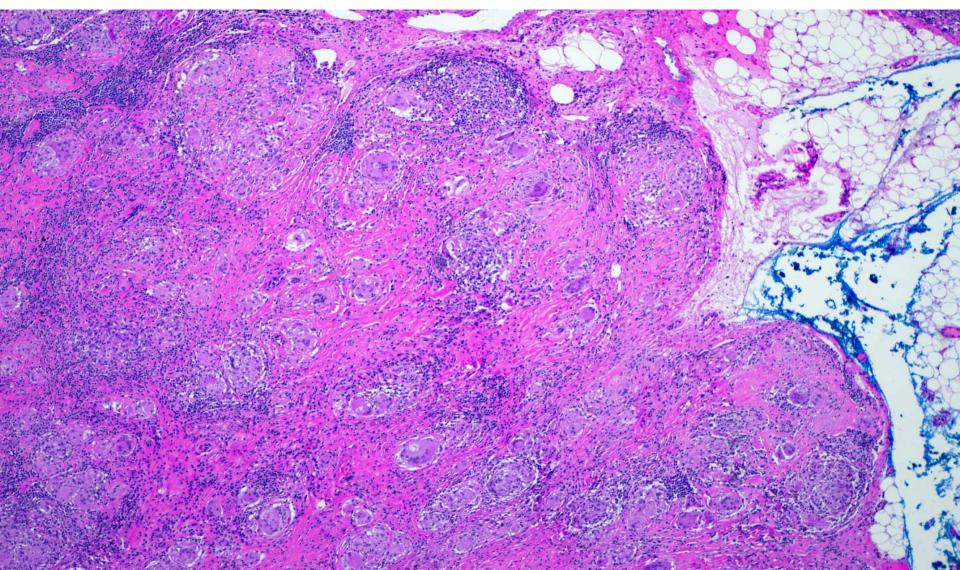
Cat Scratch disease

Granuloma with central necrosis and suppurative inflammation surrounded by palisading histiocytes.

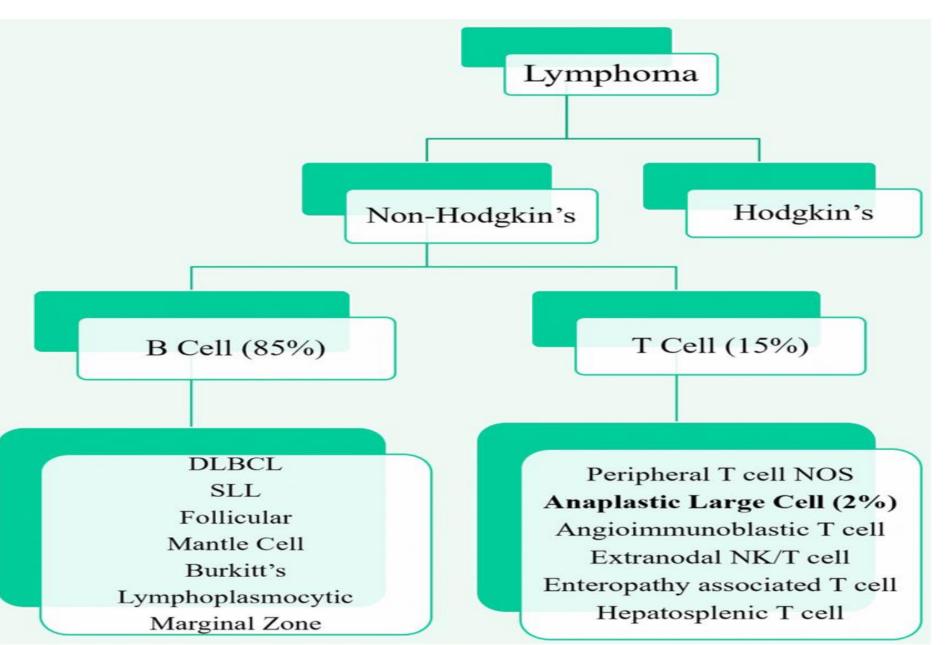


Sarcoidosis

Multiple coalescing non-necrotizing epithelioid granulomas with focal, dense lymphocytic reaction and multinucleated giant cells with dense fibrosis and hyalinization



Lymphoid Neoplasms



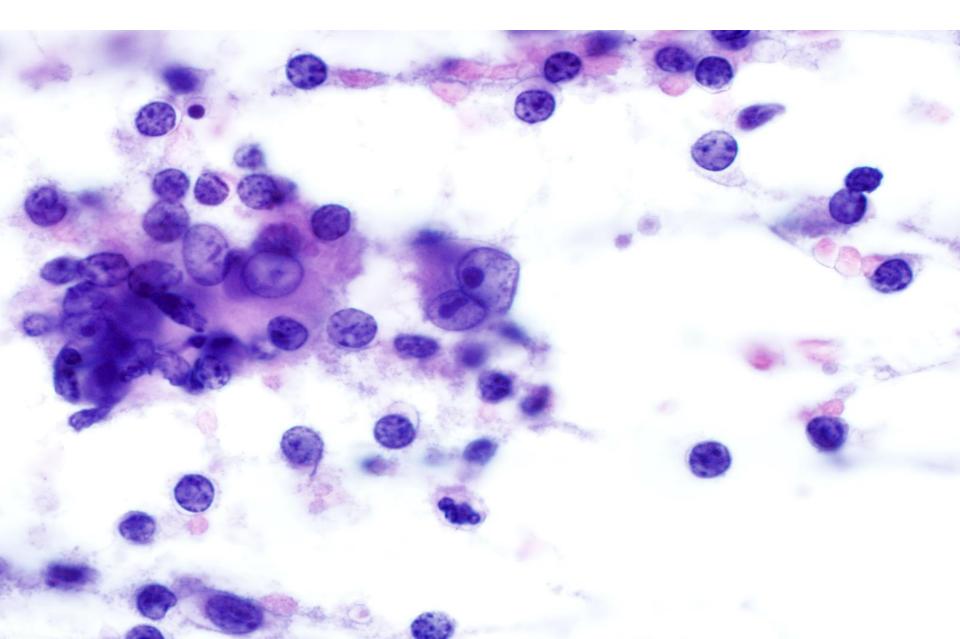
Hodgkin lymphoma

Nodular lymphocyte predominant Hodgkin lymphoma

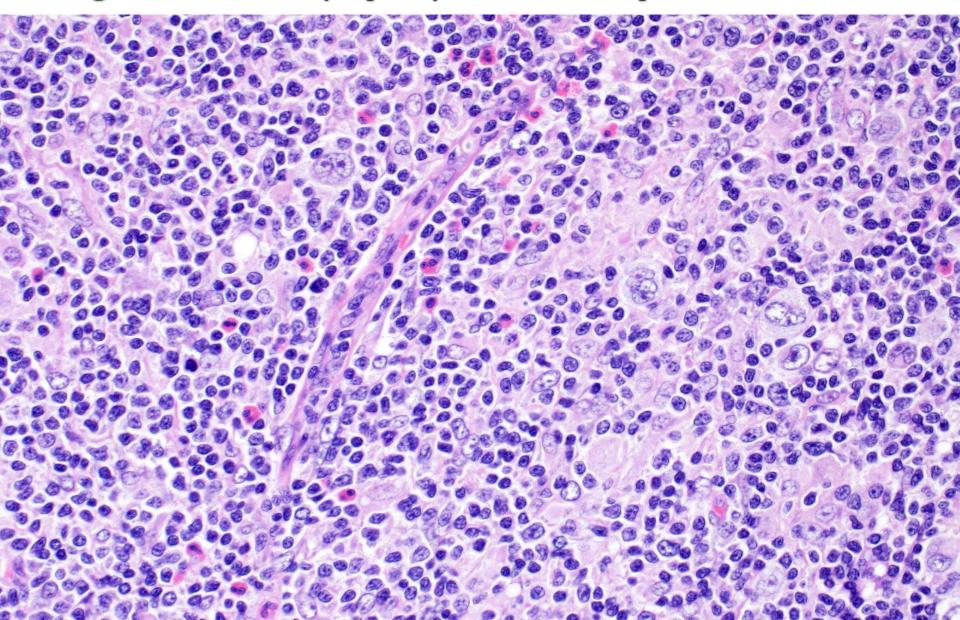
Classic Hodgkin lymphoma

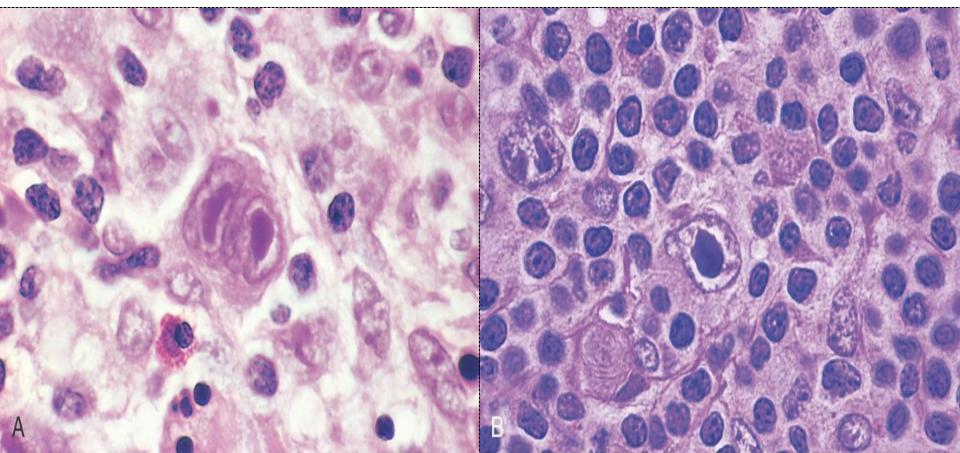
- Nodular sclerosis classic Hodgkin lymphoma
- Lymphocyte-rich classic
 Hodgkin lymphoma
- Mixed cellularity classic Hodgkin lymphoma
- Lymphocyte-depleted classic
 Hodgkin lymphoma

Cytology- Hodgkin lymphoma



Hodgkin lymphoma: Scattered Reed-Sternberg cells in a background of small lymphocytes and eosinophils



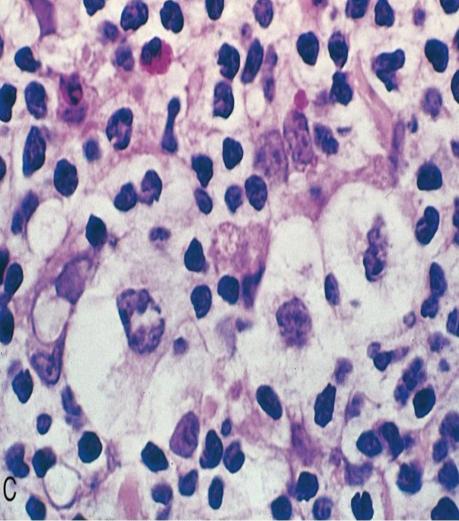


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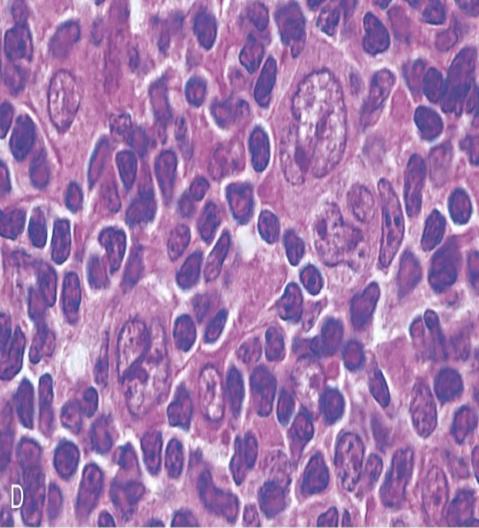
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Diagnostic Reed-Sternberg cell.

Mononuclear variant of RS cell



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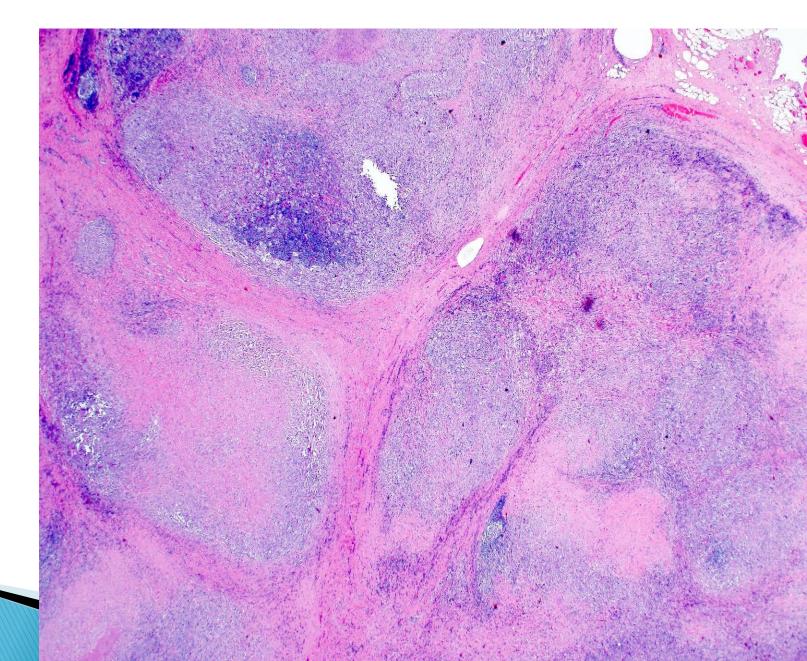
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Lacunar variant

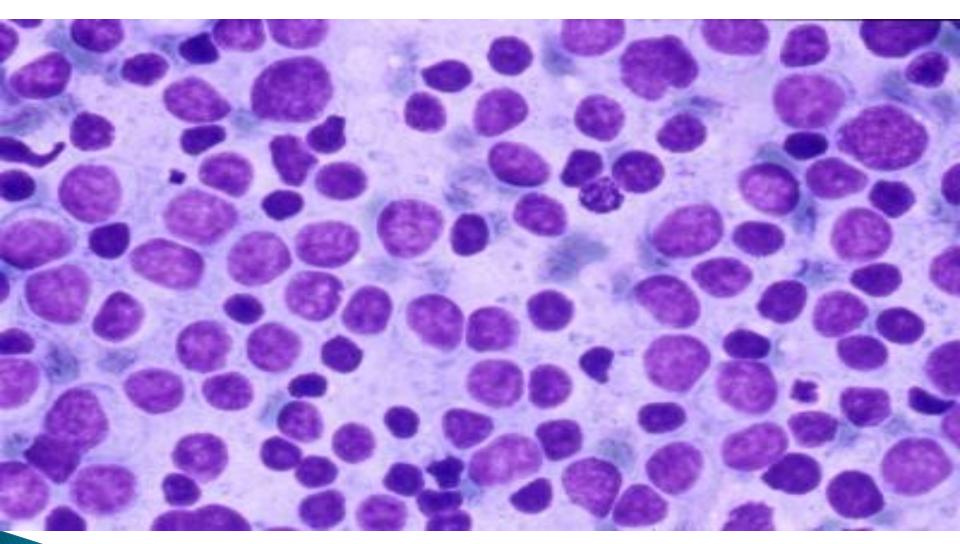
Lymphohistiocytic variant.

Hodgkin lymphoma- Nodular sclerosis

Lymph node involved by nodular sclerosis CHL, with bands of dense fibrosis creating a nodular growth pattern

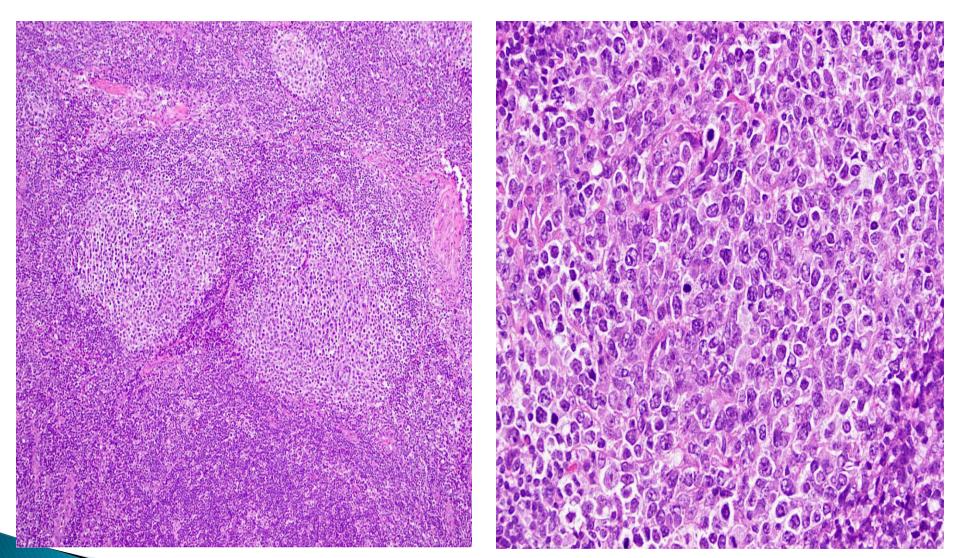


Cytology- Non-Hodgkin lymphoma



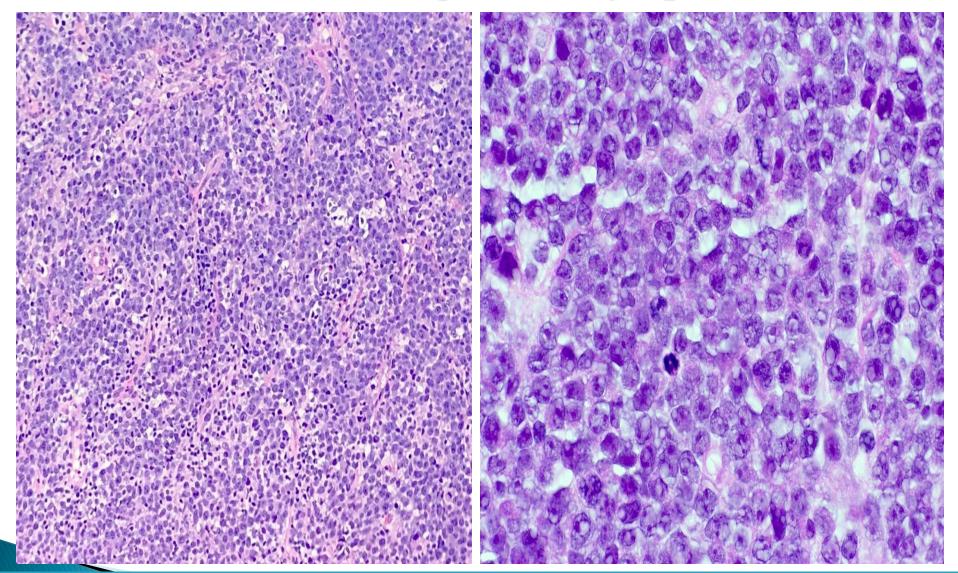
Atypical lymphoid cells with vesicular chromatin & prominent nucleoli

Non-Hodgkin lymphoma-Follicular lymphoma



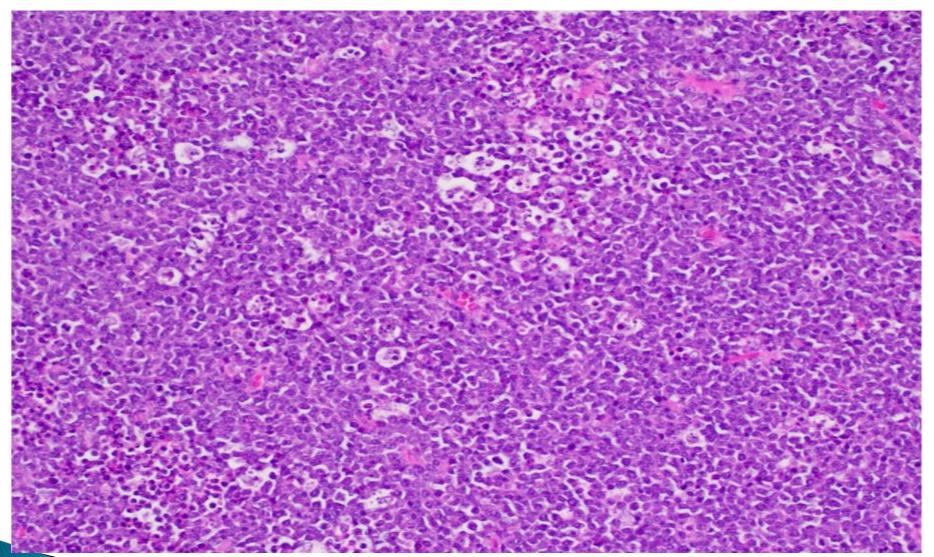
The follicles are composed of a homogeneous population of large lymphoid cells.

NHL-Diffuse large B cell lymphoma



Diffuse infiltrate of large atypical lymphoid cells.

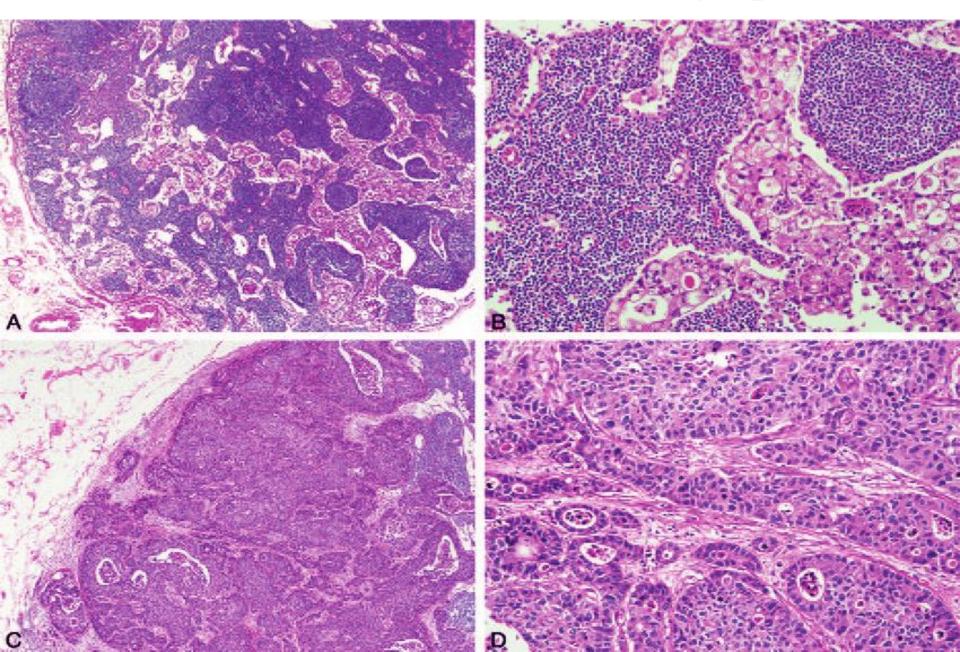
NHL- Burkitt Lymphoma



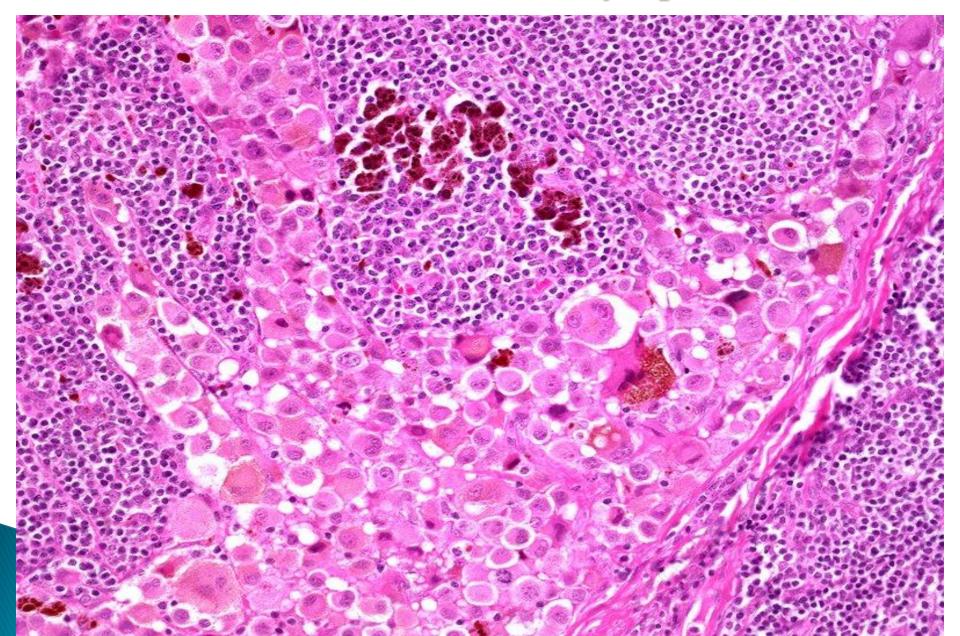


Typical starry sky appearance

Metastatic adenocarcinoma in lymph nodes



Metastatic melanoma in lymph nodes



Hodgkin Lymphoma- Immunohistochemistry

