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Lymphoid Pathology

# Lymphoid organ

**Two types of lymphoid organ:** 

1. Central lymphoid organ –

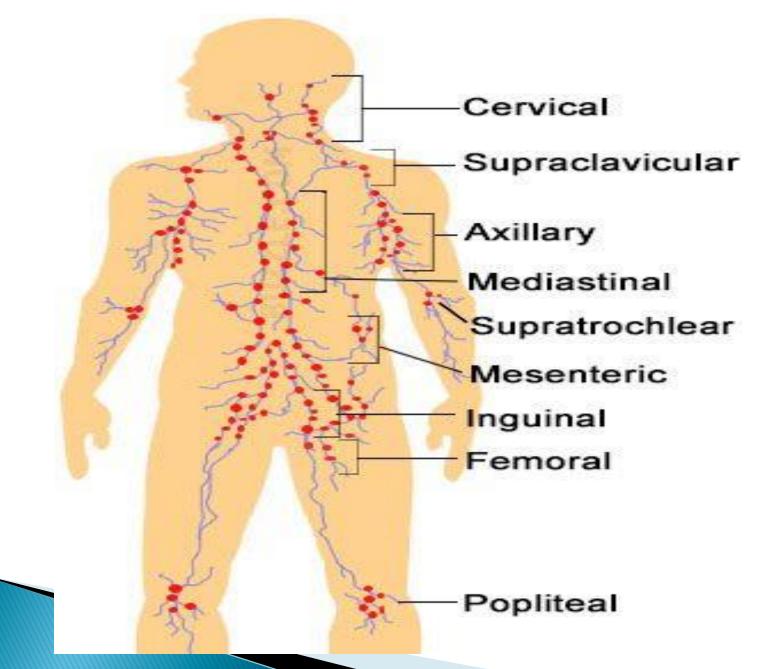
Bone marrow

Thymus

#### 2. Peripheral lymphoid organ –

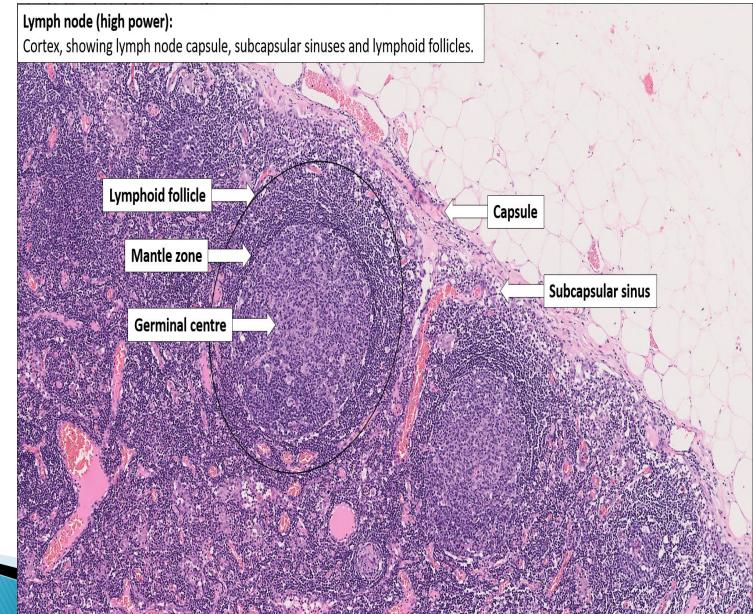
Lymph nodes, spleen, tonsils, adenoids and Peyer's patches.

#### Lymph nodal distribution



# Histology of lymph node

They are discrete encapsulated structures that contain wellorganized Bcell and T-cell zones which are richly invested with phagocytes and antigenpresenting cells



## Lymphadenopathy and lymphadenitis:

- **Lymphadenopathy:** It refers to the enlargement of the lymph node.
- Lymphadenitis: It refers to inflammation of lymph node.
- Chronic non-specific lymphadenitis
- Inflammatory
- Neoplastic
- Others

- **Inflammatory: a. Infective**
- Bacterial- Tuberculosis

- Other- Streptococcus, staphylococcus, cat scratch disease, brucellosis, syphilis, leprosy
- Viral-Infectious mononucleosisCytomegalovirus

HIV

- **Fungal** Histoplasmosis, Coccidiomycosis
- Parasitic-Toxoplasmosis, leishmaniasis, trypanosomiasis, filariasis
  - Chlamydial- Lymphogranuloma venerum

**Rickettsial**- Scrub typhus

#### **b. Immunological disease:**

- Rheumatoid arthritis
- Mixed connective tissue disease
- Systemic lupus erythematosus
- Serum sickness
- Neoplastic:

Primary- Lymphoma

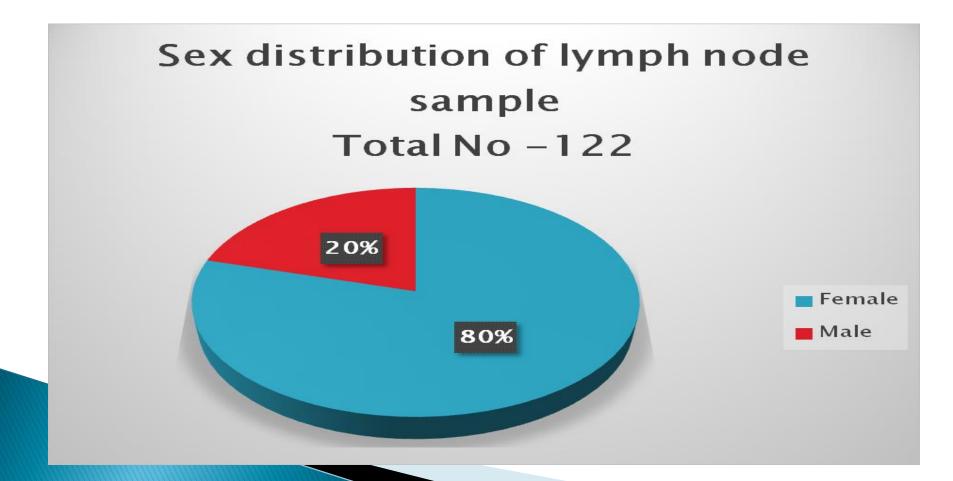
Hodgkin Lymphoma Non-Hodgkin Lymphoma Secondary- Metastatic carcinoma

#### **Other causes:**

- Sarcoidosis
- Dermatopathic lymphadenitis
- Lymphomatoid granulomatosis
- Castleman's disease

# Lymphoid Pathology at Ad-din Hospital

Total sample in 5 years (2019 to 2023)-122 Female -97 Male - 25



## Age distribution of Lymph node sample

| Age   | Female | Male | Total |
|-------|--------|------|-------|
| 11–15 | 5      | 3    | 8     |
| 16-20 | 13     | 3    | 16    |
| 21–25 | 15     | 1    | 16    |
| 26-30 | 16     | 2    | 18    |
| 31-35 | 15     | 5    | 20    |
| 36-40 | 8      | 2    | 10    |
| 41-45 | 2      | 1    | 3     |
| 46-50 | 9      | 3    | 12    |
| 51-55 | 2      | 0    | 2     |
| 56-60 | 7      | 1    | 8     |
| 61–65 | 3      | 3    | 6     |
| 66-70 | 1      | 0    | 1     |
| 71–75 | 0      | 1    | 1     |
| >75   | 1      | 0    | 1     |
| Total | 97     | 25   | 122   |

## **Diseases pattern of lymph node biopsy:**

#### **Total sample- 122**

- Reactive changes- 68 (56%)
- Tuberculosis- 39 (32%)
- Malignancy- 15 (12%)

#### Age & sex distribution of reactive change(N=68)

| Age   | Female  | Male    | Total    |
|-------|---------|---------|----------|
| 11–15 | 3       | 2       | 5        |
| 16-20 | 8       | 2       | 10       |
| 21–25 | 11      | 1       | 12       |
| 26-30 | 8       | 2       | 10       |
| 31-35 | 7       | 2       | 9        |
| 36-40 | 5       | 1       | 6        |
| 41-45 | 2       | 1       | 3        |
| 46-50 | 4       | 1       | 5        |
| 51-55 | 2       | 0       | 2        |
| 56-60 | 3       | 0       | 3        |
| 61–65 | 2       | 1       | 3        |
| Total | 55(81%) | 13(19%) | 68(100%) |

#### Age & sex distribution of tuberculosis (N=39)

| Age   | Female  | Male   | Total    |
|-------|---------|--------|----------|
| 11-15 | 2       | 1      | 3        |
| 16-20 | 3       | 0      | 3        |
| 21–25 | 4       | 0      | 4        |
| 26-30 | 8       | 0      | 8        |
| 31-35 | 6       | 3      | 9        |
| 36-40 | 1       | 1      | 2        |
| 41-45 | 0       | 0      | 0        |
| 46-50 | 4       | 2      | 6        |
| 51-55 | 0       | 0      | 0        |
| 56-60 | 3       | 0      | 3        |
| 61-65 | 1       | 0      | 1        |
| Total | 32(82%) | 7(18%) | 39(100%) |

#### Age & sex distribution of malignancy (N=15)

| Age   | Female  | Male   | Total    |
|-------|---------|--------|----------|
| 16-20 | 2       | 1      | 3        |
| 21–25 | 0       | 0      | 0        |
| 26-30 | 0       | 0      | 0        |
| 31-35 | 2       | 0      | 2        |
| 36-40 | 2       | 0      | 2        |
| 41–45 | 0       | 0      | 0        |
| 46-50 | 1       | 0      | 1        |
| 51-55 | 0       | 0      | 0        |
| 56-60 | 1       | 1      | 2        |
| 61–65 | 0       | 2      | 2        |
| 66-70 | 1       | 0      | 1        |
| 71–75 | 0       | 1      | 1        |
| >75   | 1       | 0      | 1        |
| Total | 10(67%) | 5(33%) | 15(100%) |

# **Nature of malignancy**

| Nature of malignancy  | Female  | Male   | Total    |
|---|---------|--------|----------|
| Hodgkin lymphoma (HL)   | 1       | 1      | 2        |
| Non-Hodgkin lymphoma (NHL)  | 1       | 0      | 1        |
| Angioimmunoblastic lymphadenopathy /<br>Peripheral T-cell lymphoma (PTCL) | 2       | 2      | 4        |
| Metastatic undifferentiated carcinoma (MUC)                               | 3       | 2      | 5        |
| Metastatic malignant melanoma (MMM)                                       | 1       | 0      | 1        |
| Metastatic papillary thyroid carcinoma (MPTC)                             | 1       | 0      | 1        |
| Metastatic small cell carcinoma (MSCC)                                    | 1       | 0      | 1        |
| Total   | 10(67%) | 5(33%) | 15(100%) |

# Diagnostic approach to a patient of lymphadenopathy:

#### **History Taking:**

- Age of patient
- Duration of lymphadenopathy
- Epidemiological clue
- Any travel history
- Associated symptoms
- Time course of enlargement
- Recent infection, recent immunization or medication

#### **Clinical Examination:**

- Site of lymph node
- Either it is lymph node or not
- Tender /non tender
- Mobile or separate/Fixed and matted
- Firm and rubbery/Painless and stony hard

## **Laboratory Diagnosis**

- A. FNAC (Fine needle aspiration cytology):
- Non-guided: from superficial, palpable lymph nodes
- Guided:
  - USG guided: deep-seated or very small lymph nodes CT guided: hilar and peri-pancreatic lymph nodes

#### **B. Histopathology:**

- Core needle biopsy
- Excisional biopsy

#### **C. Other special test:**

- PCR( Polymerase chain reaction)- TB, viral infection
- Gene expert- suspected TB
- Immunohistochemistry (IHC)- CD-15, CD-30, CD- 3,5 used for diagnosis of lymphomas.

#### **D. Blood test :**

- CBC
- Biochemistry

#### **E. Radiological test:**

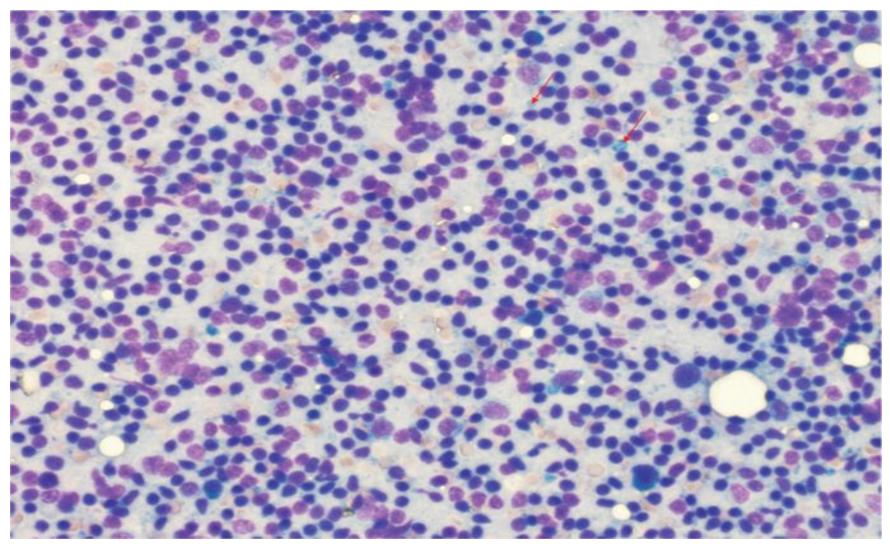
- Ultrasonogram (USG)
- CT scan

## **Chronic Nonspecific Lymphadenitis:**

Chronic immunological stimuli produces several different patterns of lymph node reaction. Such as-

- Reactive follicular hyperplasia
- Diffuse paracortical hyperplasia
- Sinus histiocytosis
- Mixed

#### **Cytology- Chronic Nonspecific Lymphadenitis**

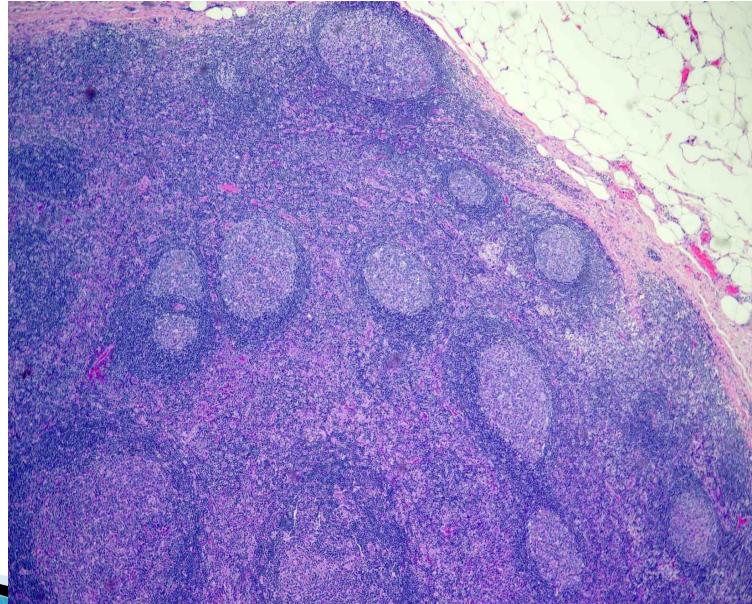


lymphocytes at various stages of maturation with tingible body

macrophagos

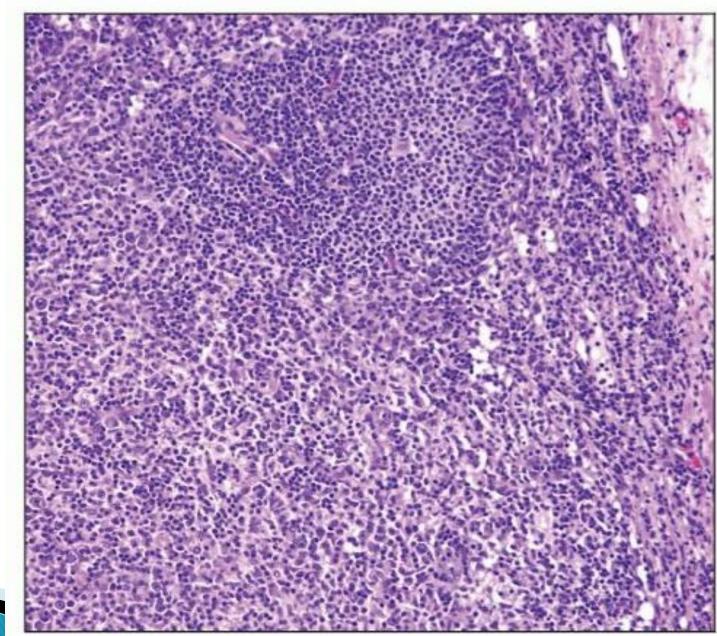
# Follicular hyperplasia

- Enlarged
   lymphoid
   follicles of
   various size
   and shape
   with
   prominent
   germinal
   center
- eg Rheumatoid arthritis,
   toxoplasmo



## **Paracortical hyperplasia**

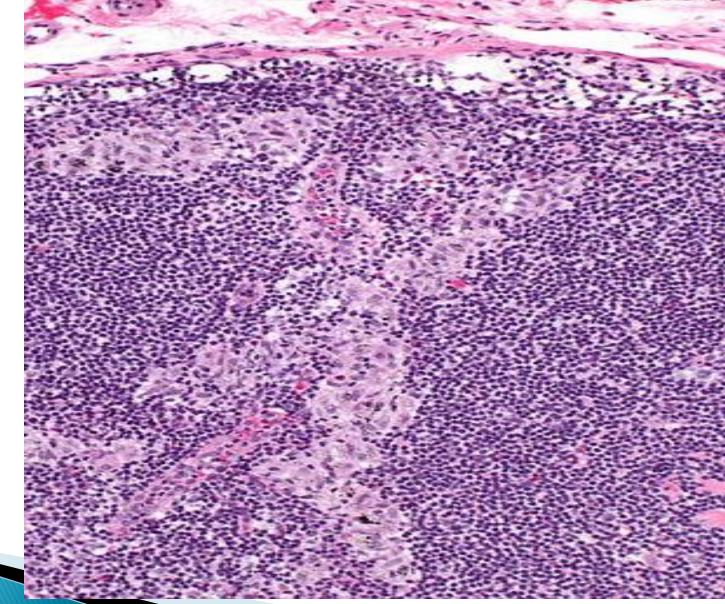
- Paracortical
   zones are
   expanded
   with a
   heterogeneou
   s population
   of cells
- eg- acute viral infections (e.g., infectious mononucleos is), SLE, Drug reaction.



## Sinus histiocytosis

Sinuses are prominent and are lined by hyperplastic sinus histiocytes

 eg lymph nodes draining cancers such as carcinoma of breast.



## **Granulomatous Lymphadenitis:**

## A. Infectious:

## **Suppurative (purulent):**

- Cat scratch lymphadenitis (*Bartonella henselae*)
- Tularemia lymphadenitis (Francisella tularensis)
- Yersinia lymphadenitis (Yersinia enterocolitica)
- Various fungal infections

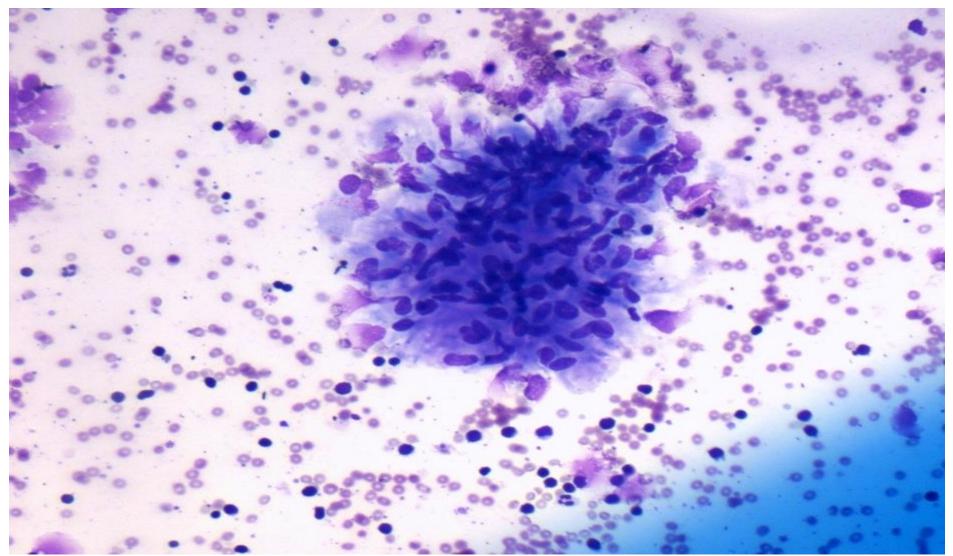
### □ Non-suppurative:

- Tuberculous lymphadenitis (*Mycobacterium tuberculosis* spp.)
- Atypical mycobacterial infection
- Bacillus Calmette-Guérin (BCG) lymphadenitis
- *Toxoplasma* lymphadenitis
- Hansen disease or leprosy (M. leprae)
- Syphilis
- Brucellosis
- Fungal lymphadenitis (Coccidioides, Cryptococcus, Histoplasma, Pneu mocystis)

#### **B. Noninfectious:**

- Systemic sarcoidosis
- Foreign body (berylliosis, silicosis)
- Malignancies (lymphoma, carcinoma, especially breast, uterus, lung, stomach)
- Systemic inflammatory / autoimmune conditions (lupus [SLE], rheumatoid arthritis [RA], granulomatosis with polyangiitis [GPA])
- Toxic (chemotherapy, heavy metals, beryllium, zirconium, silicon)
- Histiocytic inflammatory (Rosai-Dorfman disease, Castleman disease)

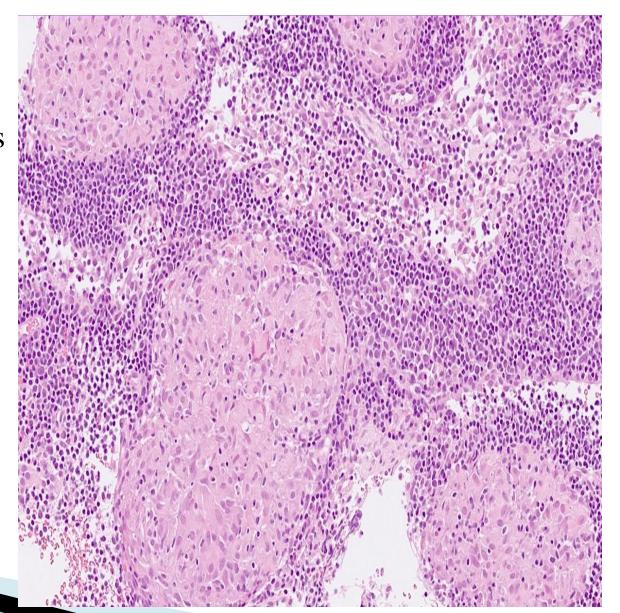
#### Cytology- Granulomatous Inflammation



Cluster of epithelioid cells in a blood mixed necrotic background

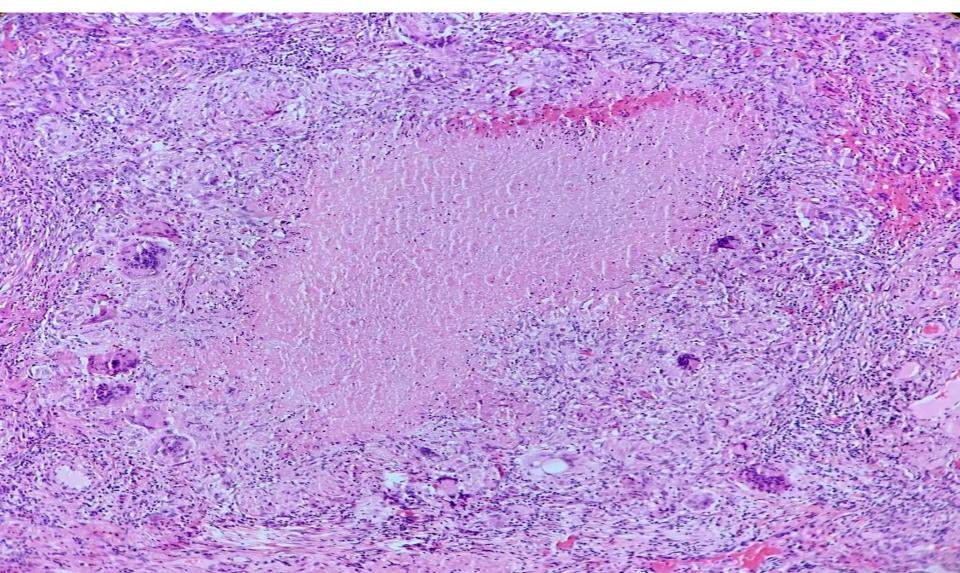
# **Biopsy- Granulomatous Lymphadenitis**

- Collection of epithelioid cells
- Surrounded by a rim of inflammatory cells including lymphocytes, histiocytes and plasma cells
- Multinucleated giant cells are often present



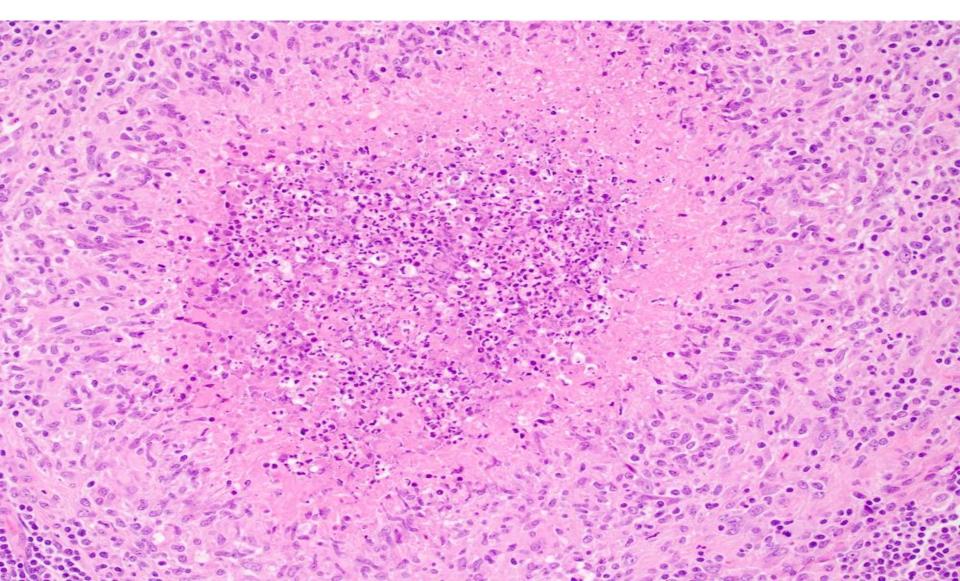
## **Tuberculous Lymphadenitis**

Central area of caseous necrosis surrounded by a rim of chronic inflammatory cells, including epithelioid cells & Langhan's giant cell



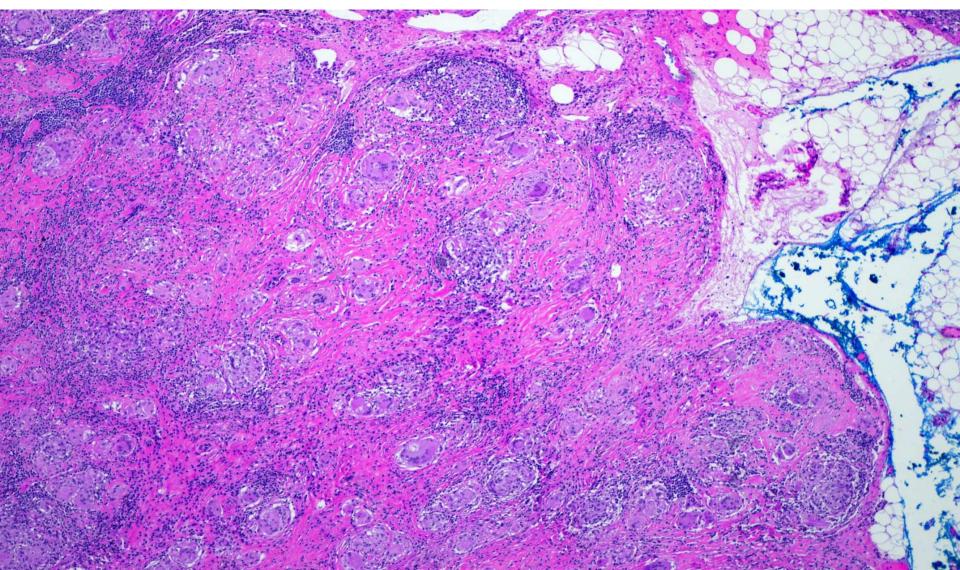
## **Cat Scratch disease**

Granuloma with central necrosis and suppurative inflammation surrounded by palisading histiocytes.

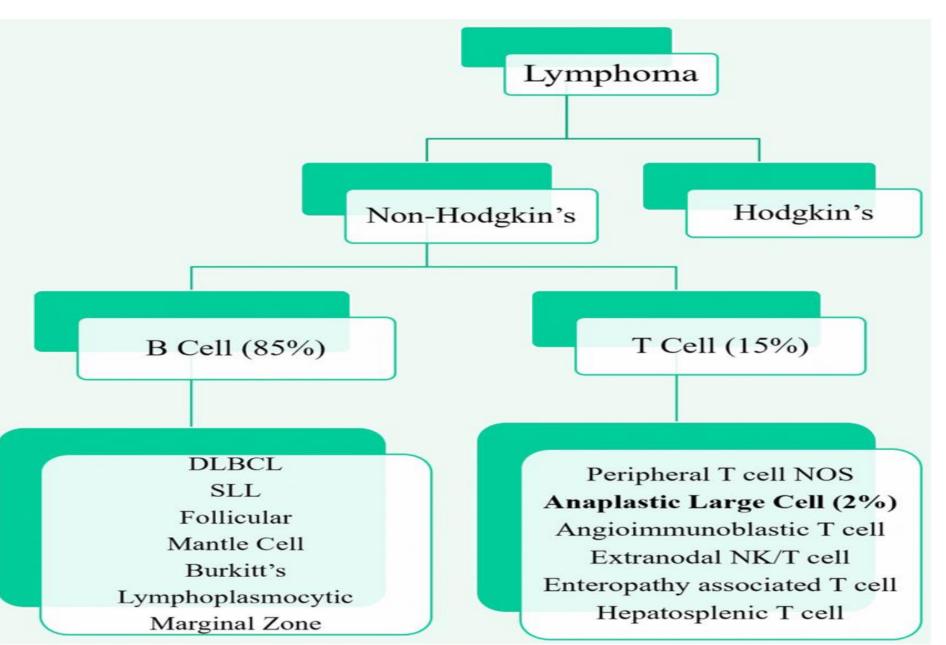


## Sarcoidosis

Multiple coalescing non-necrotizing epithelioid granulomas with focal, dense lymphocytic reaction and multinucleated giant cells with dense fibrosis and hyalinization



# Lymphoid Neoplasms



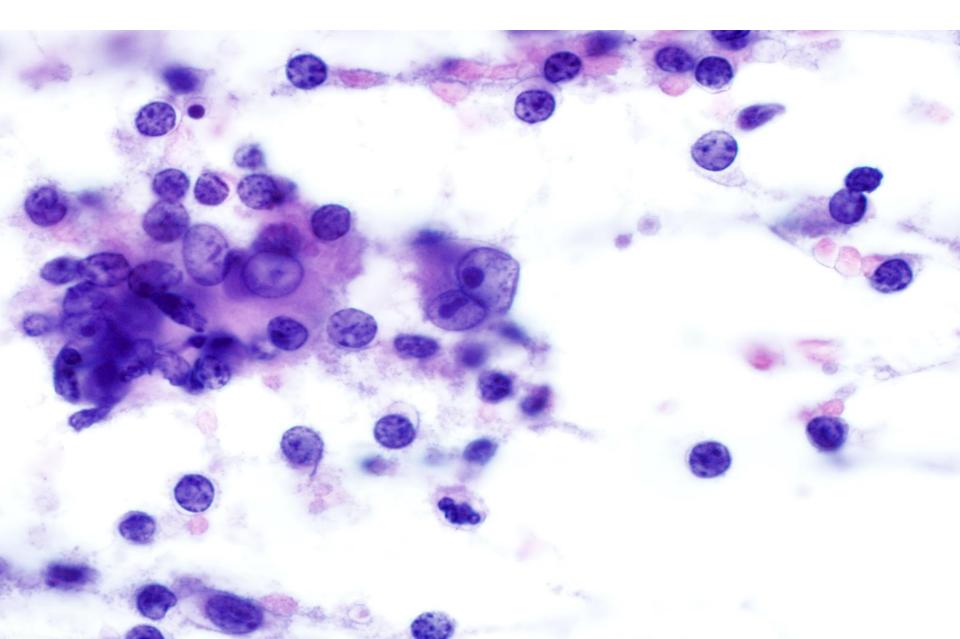
# Hodgkin lymphoma

#### Nodular lymphocyte predominant Hodgkin lymphoma

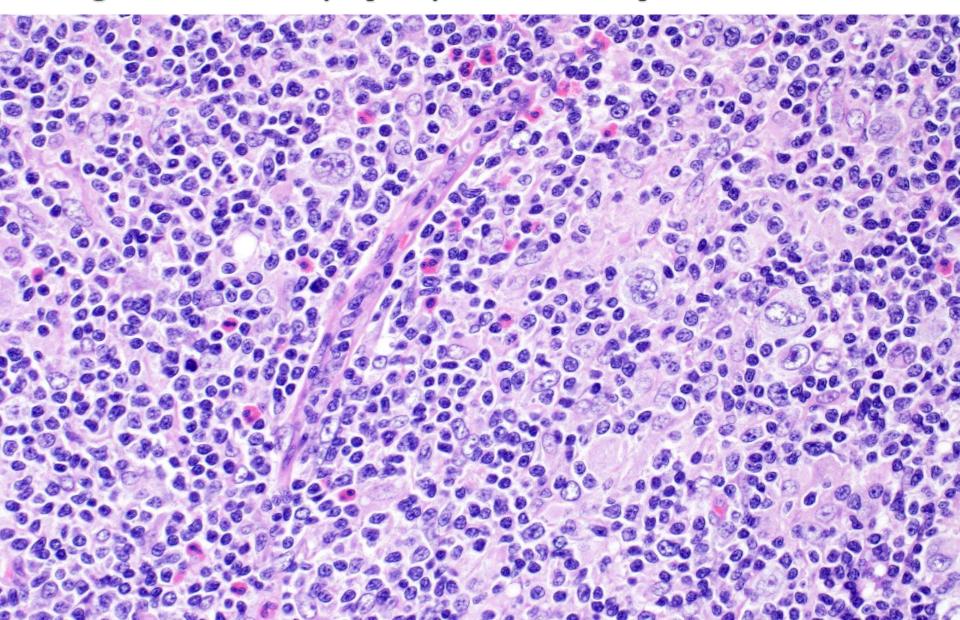
## **Classic Hodgkin lymphoma**

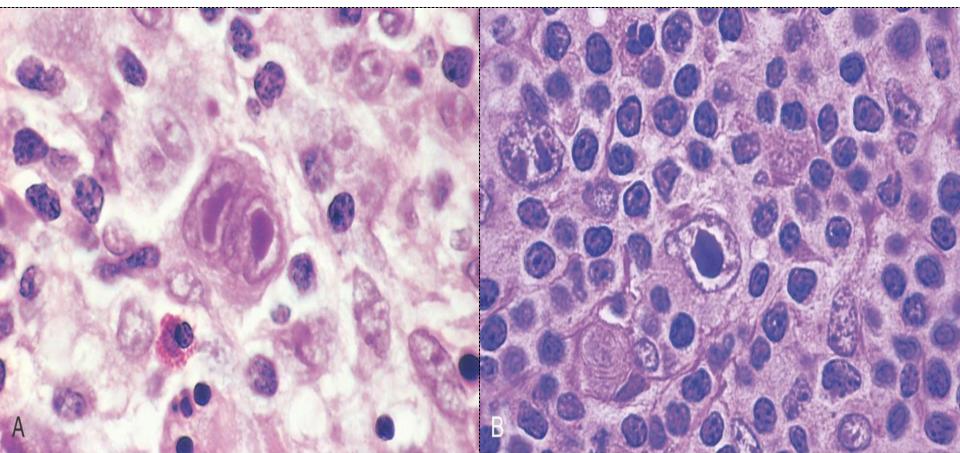
- Nodular sclerosis classic Hodgkin lymphoma
- Lymphocyte-rich classic
   Hodgkin lymphoma
- Mixed cellularity classic Hodgkin lymphoma
- Lymphocyte-depleted classic
   Hodgkin lymphoma

# **Cytology- Hodgkin lymphoma**



# Hodgkin lymphoma: Scattered Reed-Sternberg cells in a background of small lymphocytes and eosinophils



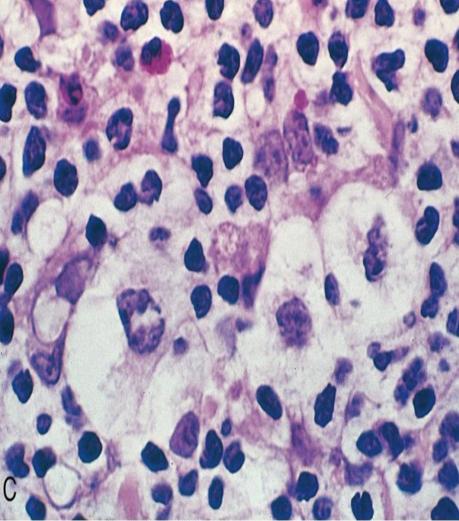


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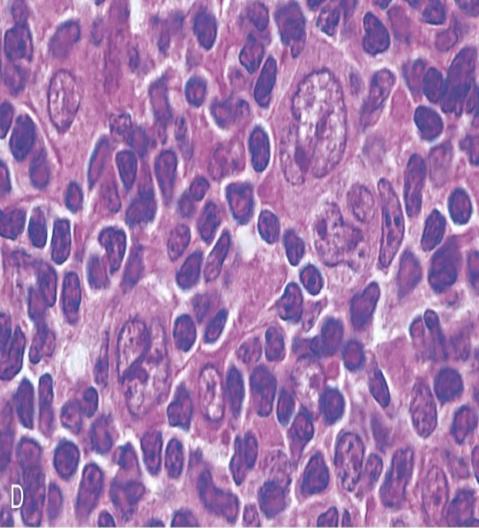
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### Diagnostic Reed-Sternberg cell.

#### Mononuclear variant of RS cell



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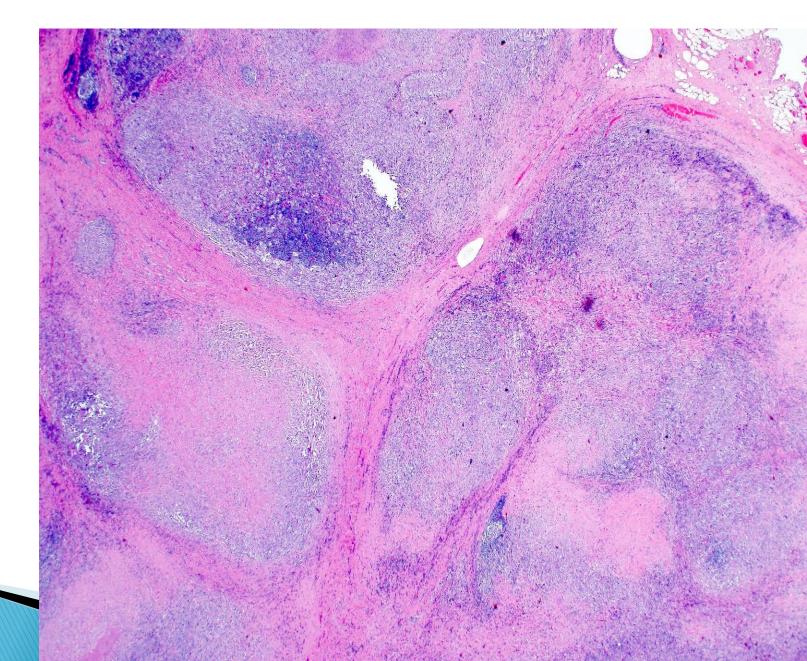
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### Lacunar variant

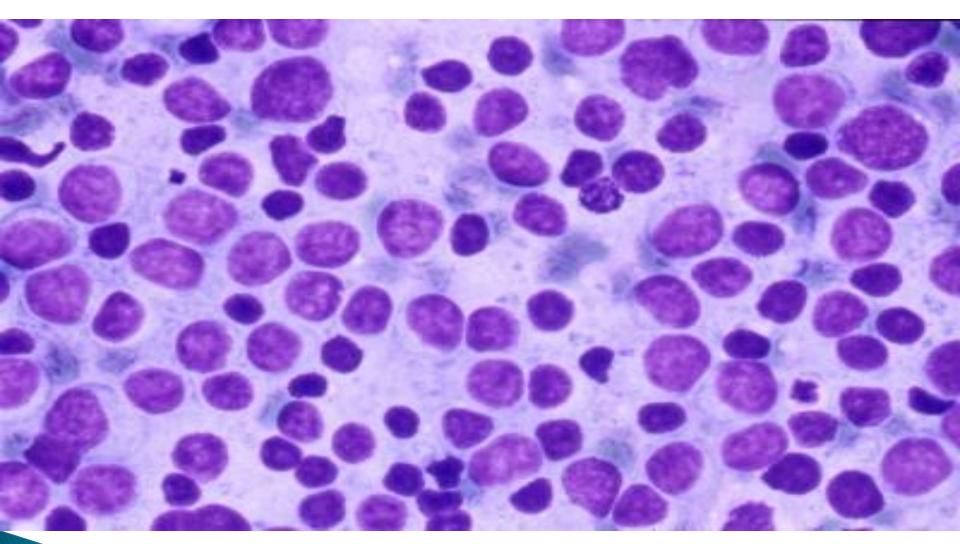
### Lymphohistiocytic variant.

# Hodgkin lymphoma- Nodular sclerosis

Lymph node involved by nodular sclerosis CHL, with bands of dense fibrosis creating a nodular growth pattern

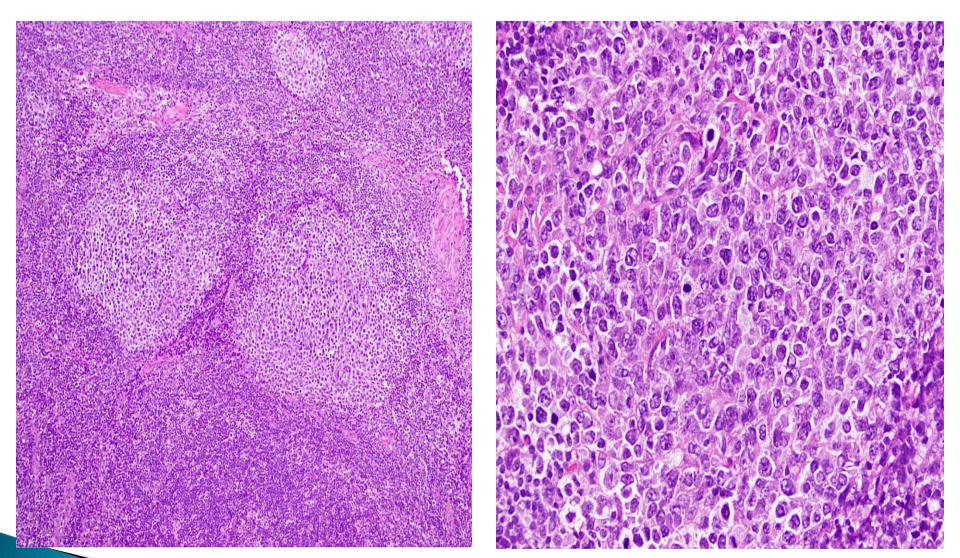


# **Cytology- Non-Hodgkin lymphoma**



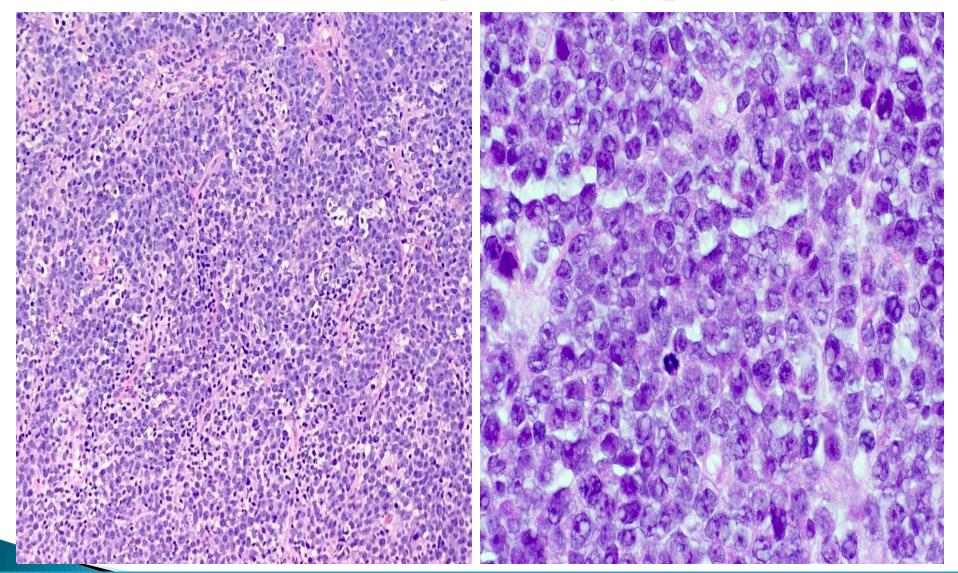
Atypical lymphoid cells with vesicular chromatin & prominent nucleoli

# Non-Hodgkin lymphoma-Follicular lymphoma



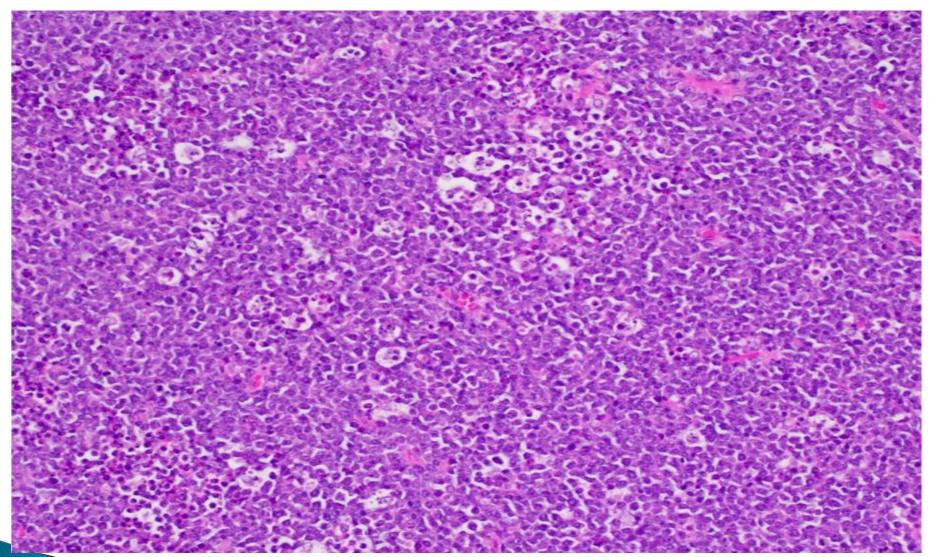
The follicles are composed of a homogeneous population of large lymphoid cells.

# NHL-Diffuse large B cell lymphoma



Diffuse infiltrate of large atypical lymphoid cells.

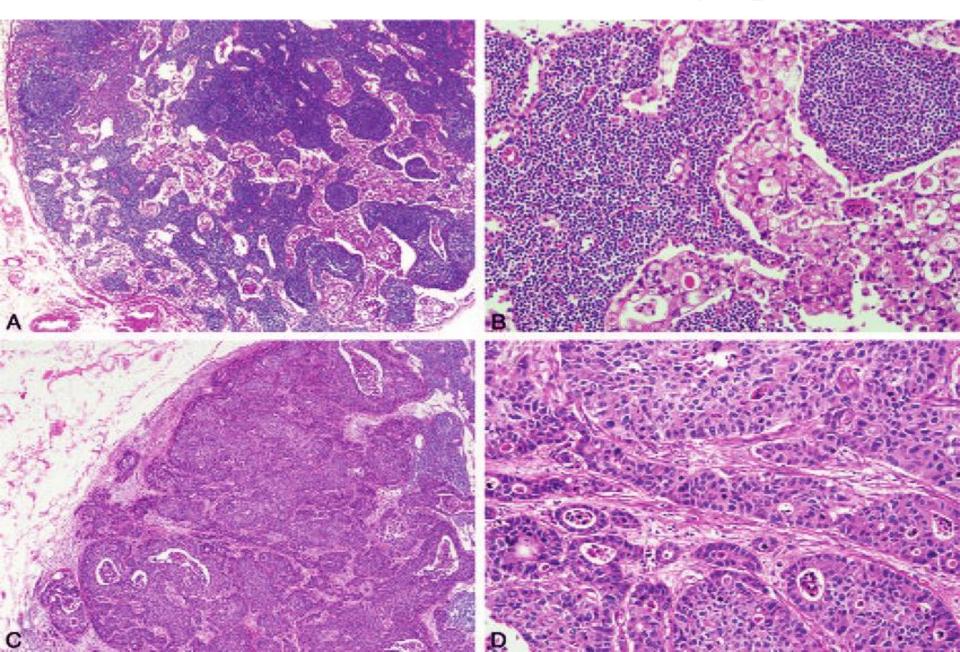
# NHL- Burkitt Lymphoma



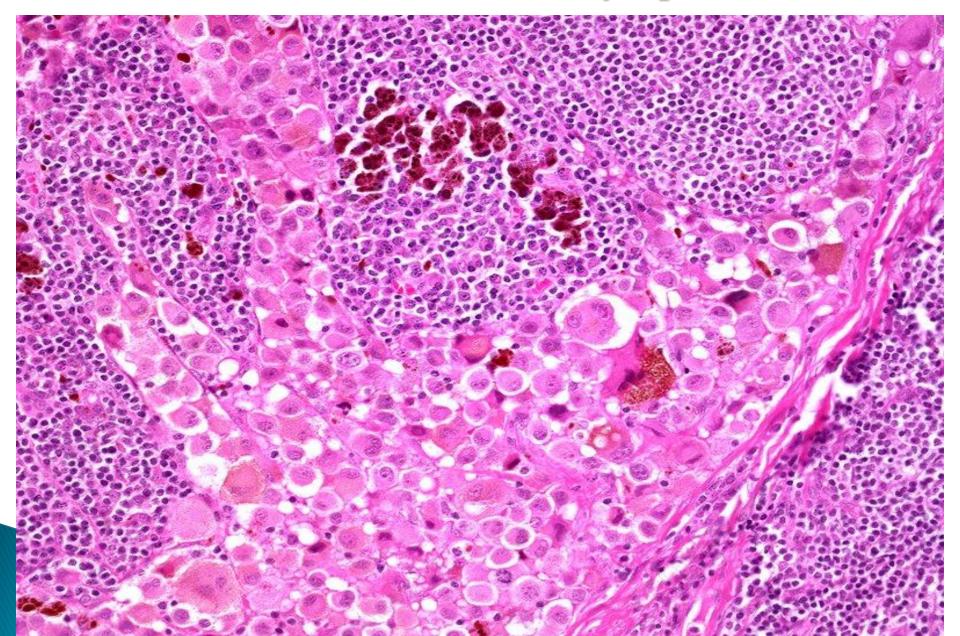


Typical starry sky appearance

### Metastatic adenocarcinoma in lymph nodes



# Metastatic melanoma in lymph nodes



# Hodgkin Lymphoma- Immunohistochemistry

